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WINNIE ROPAFADZO CHITSUNGE

**PERSONAL
DETAILS**

Seeking a challenging position at a progressive care-home where my empathy, caring abilities, and commitment to excellence can help provide residents with outstanding care. Devoted experienced care worker who is passionate about improving the quality of life for the elderly people and other people in need.

**CARRIER
OBJECTIVES**

- A good communicator
- Professionalism and Transparency
- Caring and Kindness
- Confidence and Reliable
- Dignity and respect

**QUALIFICATIONS
& COMPETENCES**

PERSONAL QUALIFICATIONS

1. Current Studies: NVQ Level 3 Health and Social Care
2. BSc Honors Degree in Sociology
3. CPD Level 4 Award in Health and Social Care
4. Safeguarding Adults
5. Safe handling of Medicines

Competences:

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- Ms. Packages
 - Innovative and Fast Learner
 - Leadership
 - Time Management
 - Self-Driven
 - Team Player
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**WORK
EXPERIENCE**

1. Peartree House Rehabilitation

Rehabilitation Support Worker *Mar. 2023 – To Date*

Experience: Delivering care or support to residents to meet their varying needs in the following areas: Nutrition, personal care, activities, assisting with medication, socialization and companionship. Making sure that all the residents are attended to in time and are taken care of all the times especially when they buzz for assistance.

2. Mary Ruth Care Services

Senior Care Assistant *Dec. 2021 – Mar. 2023*

Experience: Providing personal care (showering, baths, shaving and oral hygiene). Supporting people with mobility issues and transfers using appropriate equipment. Preparation of daily meals and support with feeding and hydration. Supporting and administering medication as per the company's policies and procedures. Maintaining records and reporting any changes.

Interests:

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- ✦ Cooking and Baking
 - ✦ Reading Books and Articles
 - ✦ Sports person

Languages:

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- ✦ English

Please note that references are available upon request