

Omowunmi Motunrayo Lemikan

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PERSONAL PROFILE

Strong, focused, and dependable team player. A compassionate nursing assistant and care worker with two decade's experience in healthcare. I have extensive knowledge of nursing procedures and am a seasoned professional who requires little to no supervision while managing a caseload. Administers roles in compassion, dignity and respect. Has provided care and support for young people, adults and seniors with learning difficulties, special education needs (SEN), and physical and mental ill health in residential homes, hospitals and communities. A friendly, exceptional problem-solver known by colleagues and service users for reliability and empathy. Skilled in diet, bedside and nutrition support skills. Excellent communicator, detail oriented and highly organised individual ready to use acquired skills, knowledge and experience to grow the organisation.

EDUCATIONAL QUALIFICATION

- **Certified Nursing Assistant:** Knowledge Point Institute, UAE, 2020
- **National Volunteers Certificate, NHS**
- **Level 3 Diploma health and social care**
- **Community Health Diploma:** Ogun State College of Health Technology, NG 2003-2005
- **GCSE:** Shepherds hill Girls High School 1996-2002

WORK EXPERIENCE

CLCH NHS Trust, Volunteer Sexual Health Worker, Nov 2023 – Present

- Supported service users presenting with sexual health needs confidentially
- Maintained accurate records of case-load
- Maintained a calm demeanor during challenging situations while
- identifying risks and safeguarding to ensure the safety and well-being of the users
- Performed administrative tasks such as writing report and administering sexual health education

Aspiring Youths Charity Organization – Volunteer Support Worker Jan 2023– Present

- Supervising the young people during activities and workshops
- Actively engage and encourage young people to participate in activities
- Listen to the young people’s perspectives and ideas and aid progressions and positive outcomes
- Being available for the occasional, relevant training and volunteer meetings.
- Ability to communicate with young people in an open and non-judgmental way
- Keep the youth hub clean and tidy

Lifecare Care Home – Senior Care Worker, Dec 2022 – Present

- Provided mental stimulation by conversing with individuals who otherwise lacked social
- Engaged in play and fun occupations for clients with ASD, ADHD and other presentations.
- Oversaw patient condition for any changes
- Ensured the safety of clients at home and in the community
- Helped service users with everyday tasks such as cleaning, shopping, eating and taking
- medications on time.
- Monitored clients conditions by taking temperatures, pulses, respirations and weight
- Responsible for safeguarding, moving and handling case-load in care.
- Handled client data confidentially and wrote reports after daily tasks

Private Caregiver - Nurse Assistant (Babysitting) Oct 2021- Nov 2022

- Checking and recording vital signs

- Bathe the twins one after the other with warm water change their clothes and diapers, and prepare their milk with appropriate scoops and MLS of waters
- Report any changes to the parents and advise to see doctor if needed
- Follow up on immunizations and doctor's appointments, e.t.c

Gems Dubai American Academy- Bus Supervisor/Child Care Assistant *Aug 2020 - Sep 2021*

- Checking and recording vital signs
- Bathe the twins one after the other with warm water change their clothes, and diapers, and prepare their milk with appropriate scoops and MLS of waters
- Report any changes to the parents and advise to see doctor if needed
- Follow up on immunizations and doctor's appointments, e.t.c

Adorable family, UAE - homecare giver *Oct 2017 - July 2020*

- Ensured all health and safety requirements were met
- Implemented care as instructed by registered nurses
- Encouraged independent living among service users
- Assisted with moving and handling under supervision
- Carried out basic assessments of patients, i.e. observation, urinalysis, glucose monitoring, height and weight

Budo Hospital -Nursing Assistant, April 2011 - Sept 2017

- Restocking and sterilizing equipment where necessary
- I worked closely with team to keep records and achieve desired outcomes
- Patient monitoring and observation
- Ensured dietary concerns and personal care needs of clients were met in a respectful and dignified manner

Divine Success Medical Clinic and Maternity Nursing Assistant, Jan 2006 - March 2011

- Implemented care as instructed by registered nurses
- Encouraged independent living among service users
- Assisted with equipment care and client relations

TRAININGS (all valid till 2024)

- Diploma in community health
- Certified Nursing Associate
- 15 Care standard certificates
- PMVA(Managing Challenging Behavior)
- Level 3 Diploma in health and social care
- Mandatory And Statutory Training
- Cannulation
- National Volunteer Certificate
- Urethral Catheterization
- Phlebotomy Training

CORE SKILLS

- Caring/Calming skills;
- Problem solving;
- Team player/Interpersonal skills
- Client Relations/Patient care/People Management
- Good rapport
- Time Management
- Excellent Communication
- Multitasking skills
- Organisation and leadership skills
- skills/Listening

IT COMPETENCIES AND AREA OF EXPERTISE

- Microsoft Office (Teams, Outlook, SharePoint, PowerPoint, Excel, and Word)
- Google Workspace/Suite (Drive, Meet, Docs, Slides, Spreadsheet, Forms, Gmail)
- Expertise in patient focus, long term care, bedside nursing, managing medical equipment, administering medication, clerical support, disease management, and senior care coordination

INTERESTS

- Travelling
- Fun physical activities like
- Reading, researching, studying, and dancing.
- Helping people

REFERENCES – AVAILABLE ON REQUEST