

UDEME UBOH

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Personal Profile

I am a professional and compassionate Health and Care Support Worker with experience providing persons with essential care and assistance. I am passionate about working in the community service sector and am always eager to care for and support persons with mental health conditions, learning disabilities, special needs and physically challenged young persons, adults and the elderly. I am currently looking for a career that will allow me to broaden my horizons both personally and professionally.

personal Values

- Flexible and able to adapt quickly to a changing work environment.
- Dedication and Empathy • Honesty and integrity.
- Positive attitude.
- Reliable problem solver.

Special Skills

- Public speaking
- Healthcare skill
- Work efficiently
- Leadership
- Teamwork
- Good record maintenance

Relevant Experience

HEALTHCARE ASSISTANT

ROSEVILLE CARE CENTRE, BLAIR AVE, THORNABY,
STOCKTON-ON-TEES TS17 5BL. | FEB., 2025

- Assisting vulnerable with personal care tasks such as bathing, feeding, toileting, dressing etc. as well as being involved in undertaking household tasks such as housework, serving food, assisting residents to community visits, all while building strong working relationships with the residents, their families and your work colleagues.
- I Provided personal care & grooming support, mobility, social and sensory support, ensuring all tasks are completed during the period of duty and residents receive the required care.

Qualification

- BSc. Chemistry University of Port Harcourt. 2016
- Level 3 Diploma in Health and Social Care 2024
- Care Certificate (STANDARDS 1 TO 15)

Reference

Available on demand

HEALTHCARE ASSISTANT

| GRAND CARE HOSPITAL. | OCT. 2021 TO DEC. 2024

- Working with other health and social care professionals to provide individual care and support plans.
- Working with youth and adults affected by trauma to promote their activities of daily and make them feel safe.
- Providing quality support to my clients and adhere to their individualized support plans.
- Completion of detailed progress notes to track the progress of our clients and to work on continuous improvements.
- Accessing level of care and supporting clients with their needs.
- Developing individual Support plans for families.
- Supporting Clients with mobilization and daily domestic duties

CARE WORKER

RAINBOW COMMUNITY CARE CENTRE, PORT
HARCOURT | | MAY 2020
TO OCT 2021

- Performed routine home visits to families particularly those with vulnerable young children to ensure the efficiency and effectiveness of care provided meets the Health and Safety standards
- Assisted in the planning and facilitation of discharges.