

kehindephilipogundiran@gmail.com

07780068075

Stockton, United Kingdom

### Profile Summary

A compassionate and dedicated healthcare assistant with about 3 years of experience providing high-quality care to patients within diverse medical settings. Proficient in delivering personalized support, ensuring the comfort, safety, and well-being of individuals under care. Possesses a strong understanding of medical procedures, infection control protocols, and patient advocacy. Adept at fostering positive relationships with patients, families, and multidisciplinary healthcare teams to optimize patient outcomes.

### Skills

- Patient Care & Assistance
- Vital Signs Monitoring
- Medication Administration
- Patient Advocacy
- Infection Control & Hygiene
- Medical Records Management
- Compassionate Communication
- Team Collaboration
- Care plan management
- Medication Administration
- Personal hygiene assistant
- Patient safeguarding
- Schedule management
- First aid

### Education

**MSC [International Management (Digital Business Applied)]:** Teesside University, United Kingdom *2023 - 2025*

**BSc [Agricultural Economics] Honours: University Ibadan** *2013-2017*

### Work Experience

#### Support Worker

Saxon Lodge (Voyage Care)

*Sept 2023 - Oct 2025*

#### Roles/Responsibilities

- Helping with mobility and physical support, including transferring from bed to wheelchair, and vice versa.
- Assisting with household chores such as cleaning, laundry, and meal preparation.
- Providing companionship and emotional support to reduce feelings of loneliness and isolation.
- Engaging in conversation, playing games, and participating in activities that interest the individual.
- Supporting with daily routines and encouraging independence where possible.
- Keeping accurate records of care provided and updating care plans as needed.
- Ensuring the safety and well-being of individuals by following health and safety protocols.
- Participating in ongoing training and development to stay updated with best practices and regulatory requirements.
- Understanding and implementing care plans and risk assessments.
- Identifying and reporting any concerns related to abuse, neglect, or exploitation.

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## Work Experience

### Support Worker/Volunteer

Therapy Care Home

June 2023 - Sept 2023

#### Roles/Responsibilities

- Collaborated with nurses and physicians to ensure the implementation of individualized patient care plans.
- Maintained cleanliness and infection control standards in patient rooms, contributing to a safe and sterile environment.
- Maintained accurate records to effectively measure service user's development against care plan objectives.
- Followed strict safeguarding regulations to ensure service users' safe, secure handling.
- Assisted in all aspects of personal hygiene, prioritizing patient dignity, privacy, and independence.
- Ran analysis of patient data and help in creating online campaigns for social work events.

### Health Care Assistant

Genera Medical Centre, Nigeria

Jan. 2022 - May. 2023

#### Roles/Responsibilities

- Monitored residents' conditions, promptly reported changes to supervising nursing staff, and implemented care plans.
- Supported recreational activities and social engagement for residents to enhance their quality of life.
- Provided emotional support and companionship, fostering a positive and comfortable environment.
- Assisted individuals with daily activities to facilitate independent living.
- Aided in bathing, dressing, and continence support.

## Certifications

### Florence Academy

2024

- Basic Life Support , Fire Safety , First Aid , Equality, Diversity & LGBTQ+
- Health, Safety, and Welfare( inc COSHH RIDDOR)
- Infection Prevention and Control(Level2)
- Information Governance, Data protection and GDPR
- Mental Capacity , Moving and handling theory, Safeguard Adults L1&2

## Personal Profile

- Marital Status: Single
- Sex: Male

## Reference

Available on request.