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## PROFILE SUMMARY

Compassionate and self-motivated support worker with experience in delivering high standard of quality care, providing person centered care, unwavering support and companionship to the elderly. I am deeply committed to ensuring the physical, emotional, and social well-being of everyone under my care. Skilled in assisting, supporting with daily living activities, medication management, and creating a nurturing environment where residents feel valued, cared for and respected. I strongly advocate for fostering meaningful connections and independence while offering empathetic assistance. Adept at building trusting relationships with residents, families, and healthcare teams, driven by a genuine desire to make a positive difference in their lives.

## AREAS OF EXPERTISE

- ◆ Emotional support
- ◆ Effective Communication
- ◆ Mobility expertise
- ◆ Documentation
- ◆ Inventory Management
- ◆ Excellent Presentation Skills.
- ◆ Critical Thinking and Problem Solving
- ◆ Reliability
- ◆ MS Office Proficiency
- ◆ Housekeeping
- ◆ Behavioural observation
- ◆ Timely Delivery of Tasks
- ◆ Scheduling and time management
- ◆ Leadership
- ◆ Medication Administration
- ◆ Bathing and grooming assistance
- ◆ Companionship
- ◆ Operations Supervision

## PROFESSIONAL CERTIFICATION

- Diploma in Health and social Care Level 3  
November, 2024
- The Care Certification  
March, 2024
- Medication Administration training  
June, 2024
- First aid training  
February 7, 2024
- Health and safety Course  
February 15, 2024
- Infection and prevention control  
November 17, 2023
- Moving and Handling Theory  
November 18, 2023
- Risk Assessment  
November 18, 2023
- End of life care  
November 14, 2023
- Learning disability and Autism training  
November, 2024
- Dementia training  
November 8, 2023
- Fire Safety  
November 11, 2023

## PROFESSIONAL EXPERIENCE

**Castleford Lodge, UK**      June 2023 – Till Date  
*Care Assistant / Support Worker*

- Conduct risk assessments and develop care plans related to assessment needs and personal choices
- Adhering to professional standards, following company policies and procedures and the regulatory requirements provided by the Care Quality Commissioning Group

- Coordinate care assessments, planning and reviews in accordance with individual needs. And also liaise with healthcare professionals and families to achieve the best care for each resident.
- Leverage on strong interpersonal and communication skills to build positive relationships with residents, colleagues, visitors and families.
- Provide hands-on care, including personal hygiene, housekeeping, and mobility assistance. With a passion of enhancing the quality of life of residents.
- Efficient in dementia care, implementing personalized strategies to enhance quality of life.
- Confidentially maintain accurate care and medical records.
- Support residents with physical care, emotional care and companionship.
- Support residents to grow in confidence and independence in their daily activities, so they meet their goals, be it personal care or making dinner.
- Administer medications and manage medication schedules.
- Assist with specialized needs, such as hoisting and repositioning.
- Implement creative and engaging activities to promote mental and emotional well-being. Engaging them in reading, writing, hobbies, taking a walk and recreational activities.
- To ensure residents are treated with respect and dignity and that their individual rights to privacy and choice are met.
- Maintaining a safe environment for resident, staff and visitors, in accordance to all safety requirements.
- Support patients with dietary needs, ensuring they received appropriate meals and hydration.
- Ensuring that service users are comfortable, their calls are promptly attended to and that their needs are met.
- Ensure that complaints are addressed.

**Dbagz Solution Limited**      April. 2023 - July. 2023

*Support Worker*

- Providing physical support like helping with personal care
- Supporting individuals with household task like laundry, cooking, cleaning and arranging the room.
- Helping with shopping and working independently.
- Supporting and helping with health care needs.
- Supporting with exercise within and outside the environment

**Bentoluene International Health Concept**      July 2011 - March 2023

*Support Worker*

- Providing care for the benefit of patient's comfort and wellbeing during their stay in hospital.
- Delivering care as delegated by the qualified nurse and other staff.
- Providing care to patients under the direct supervision of Registered Staff.
- Answering enquiries from relatives and visitors.
- Helping with admitting patients.
- Serving meals and cleaning up afterwards.
- Cleaning and tidying up examination rooms.
- Identifying and assessing patients suitable for discharge.

## EDUCATION

- Certificate of Completion; Full Fashion Designing
- National Diploma (ND); Financial Accounting - Osun State Polytechnic, Osun State, Nigeria. June 2011
- WAEC - Goodluck Comprehensive High School, Lagos State, Nigeria. Dec 2006– July 2009
- SSCE - GOFAMINT Comprehensive High School Oyo State, Nigeria. Sept1999 – July 2005

## REFERENCE

Available on request.