

# OLUWASEUN EMMANUEL OJO

Tel: +44 7445890011

26 TROUTBECK AVENUE MANCHESTER, United Kingdom.

Email: shegz.sheglar@gmail.com

## PROFILE

A compassionate, hardworking, and dedicated Support Worker with extensive experience providing high-quality, personalized care to individuals of all ages struggling with independence due to disability or age. A team player who offers physical and emotional care, with attention to detail in clients overall well-being. Passionate about pursuing a career in the healthcare sector.

## TRAINING

### **Care Health Care UK, 2025**

- Fire safety
- Food Hygiene
- Safeguarding Adults Level 1&2
- First Aid
- Health, Safety, and Welfare (inc. COSHH& RIDDOR)
- Infection prevention and control(Level2)
- Manual Handling
- Medication Administration
- Basic Life support
- Medication competency
- Assessment
- Working in Person Centre way
- Duty of a care
- Risk Assessment

### **Centre of Healthcare Training August,2023**

Practical Manual Handling and Mandatory Training

### **Health Care Assistance**

### **Omni Healthcare 2026 till Date**

- . Delivered personal and practical care for general well-being
- . Supported individual hobbies and ensured safety and safeguarding
- . Assisted with personal care.
- . Provided emotional support and mental support.

### **Support worker**

### **Escapade Care Home 2024 till 2025**

- . Delivered personal and practical care for general well-being.
- . Administered medications and provided emotional, psychological, and mental support
- . Assisted with personal care, meal preparation, and housekeeping
- . Supported individual hobbies and ensured safety and safeguarding
- . Ensured safety, safeguarding, and managed appointments as required.

### **Mission care Service 2023-2024**

- Assists service user to achieving a fulfilling everyday living through person center caring as stated in their care plans.
- Managing challenging behaviors, de-escalating aggression and safeguarding young people from self-harm.
- Offered companionship while also ensuring clients maintained an exceptional quality of living.
- Established and maintained effective communication and professional relationships with clients, family members, and others.

## **Volunteer Experience**

**Health Carer/Support worker  
Family member**

**April,2021 – April, 2023**

- Administered oral medication by following set care plans Assisted patients with mobility.
- Assisted patients with personal care
- Check Vitals and keep tracks of records such as Glucose level, Blood pressure, and Temperature.
- Helped Dad to attend their medical appointments.

**Assistant Welfare coordinator**

**June 2019 - November 2020**

**Open Heaven Organization(Christ Apostolic church Women Forum)**

- Provide strong social support from motherhood experience for young expectant mother.
- Provide voluntary care and companion for senior members and the vulnerable in the organization
- Designed, organized, and led Health promotion programs that improved the emotional, mental and social well-being of the members and foster a Healthy Home.
- Provide pastoral care to mother and their family, promoting moderation of attitudes to life while ensuring moral and social life balance.

**SKILLS AND KNOWLEDGE**

- Personal Care
- Housekeeping
- Rehabilitation Assistance
- Mental and Physical fit
- Emergency Handling
- Committed Team player
- Empathetic and compassionate
- Meal Preparation
- Williness to learn a new thing

**Academic Qualifications**

Adekunle Ajasin University,  
,Computer Science B.ED

**Technical Skills**

- . Microsoft Office
- . Assisted with household tasks, teaching life skills, and supporting shopping trips.

**Social Skills**

- . Team work and collaboration
- . Cross functional skills.

**References**

Available upon request