

SUMMARY

Compassionate and dedicated Healthcare Support Worker with over 6 years of experience providing high-quality patient-centred care across hospital and residential settings. Skilled in assisting with personal care, mobility, emotional support, and maintaining accurate documentation to support clinical staff. Demonstrated ability to work collaboratively and independently, ensuring service users' dignity, safety, and well-being. Certified in Care Certificate, Medication Administration, and Infection Control. Committed to delivering excellence in healthcare services.

SKILLS

- Care Certificate
- Medication Administration & Epilepsy with Buccal Midazolam
- Infection Control
- Basic Life Support
- Health and Safety
- Food Hygiene
- Monitoring and reporting
- Client behaviour management
- Mental Health & Positive Behavioral Support

PERSONAL INFORMATION

Industry: Healthcare, Health & Safety, Public Health

Obinna Arnold Anyaoha

 +44 7824 025237

 eaglestrength07@gmail.com

 Middlesbrough, Cleveland TS1 4AU

EXPERIENCE

04/2023 - Current

Healthcare Support Worker

Servoca Nursing and Care | Darlington

- Delivered person-centred care to adults with diverse healthcare needs, including personal hygiene, mobility assistance, and emotional support.
- Fostering positive relationships with patients and visitors through effective communication, directing them to the responsible nurse for any enquiries.
- Assists service users with personal care needs, vigilantly monitoring their daily social activities and ensuring their safety and wellbeing while maintaining dignity and respect.
- Regularly assessing service users' conditions, providing support in their daily activities through effective communication and observation, and reporting any concerns to the senior or nurse on duty.
- Maintaining a safe, secure clinical environment for optimum patients' wellbeing and development.
- Ensures proper attention to health and safety standards compliance for care.
- Works with other health care staff for continued clinical care delivery and development.
- Tracked and documented client behaviours, activity engagement, skills development, and notable incidents.
- Encouraged service users to be independent and active members of society.

05/2023 - 12/2024

Support worker/Healthcare Assistant

Nurseplus UK | Darlington

- Provided compassionate care for individuals with mental health challenges, ensuring emotional support, active listening, and a safe environment.
- Closely monitored and observed patients while documenting their behavioural changes, symptoms, overall mental health status, and communicating any significant changes or concerns.
- Promoted an independent lifestyle through positive behavioural support among service users, and documented any behavioural changes for colleagues and other clinical specialists to act on.
- Assisted with patients' daily activities such as encouraging or assisting with personal hygiene, grooming, dressing, and eating healthily to meet dietary needs.

- Worked with other healthcare professionals to ensure all care was compliant with infection control, health, and safety standards.
- Assisted in administering medication, managing patient schedules, and appointments.

01/2017 - 05/2023

Healthcare Assistant

Happy Life Hospital

- Encouraged social interaction and facilitated therapeutic activities tailored to patients' needs.
- Delivered individualised support for patients with mental health issues, and learning disabilities.
- Emotional support by talking to patients about their needs, and listening to their concerns.
- Assisted the nurse in charge with collecting and recording patients' vital signs, such as body temperature, heart rate, and blood pressure.
- Promoted safety and safeguarding through environmental checks, and risk assessments.
- Encouraged and assisted patients through person-centred care, and helped to feed patients.
- Analysed an individual's needs and assisted in drawing up a focused care plan.
- Ensured that daily medical records were pulled and organised correctly.
- Worked with other healthcare professionals to ensure the completion of tasks on schedule, and that all care needs meet the highest possible standards.
- Scheduled testing and appointments for patients, both in person and over the phone.
- Maintained a clean and hygienic environment in patient areas, adhering to infection control protocols.
- Engaged in respectful communication, respecting the dignity of those in care.

EDUCATION

2024

Teesside University | Middlesbrough

Master of Science: Public Health (Applied)

2014

Abia State University | Nigeria

Bachelor of Science: Biochemistry