

COVER LETTER

Emmanuel Mbinkar

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12-10-2025

Manager

Nottinghamshire County, 130 Welbeck St, Whitwell, Worksop S80 4TP

Dear Hiring Manager,

As a dedicated Registered Mental Health Nurse with comprehensive experience across agency shifts, care home nursing, and clinical lead roles, I am excited to apply for the nursing position at your carehome .

My career has equipped me with strong skills in conducting mental health assessments, developing individualised care plans, administering medications, managing crises, and leading multidisciplinary teams to deliver person-centred care that prioritises recovery, dignity, and safety. In diverse settings, I have consistently adapted to new protocols, supervised staff, ensured regulatory compliance through audits, and supported vulnerable residents emotionally and clinically, resulting in improved care standards and positive outcomes.

Highlights of my expertise include overseeing care for complex caseloads in care homes, where I monitored chronic conditions, facilitated therapeutic interventions, and coordinated with GPs and families; leading teams as a clinical lead to implement safeguarding and infection control measures; and thriving as an agency nurse by prioritising workloads during high-pressure shifts while maintaining accurate documentation.

These roles have honed my ability to build therapeutic relationships, de-escalate situations effectively, and promote holistic wellbeing, aligning seamlessly with your commitment to high-quality, compassionate care. I am eager to bring my proven track record of empathy, adaptability, and leadership to your team, contributing to resident satisfaction and operational excellence.

I would welcome the opportunity to discuss how my skills and passion for mental health nursing can support your care home' mission.

Thank you for considering my application. I look forward to the possibility of contributing to your esteemed organisation.

Sincerely

Emmanuel Mbinkar

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Objective

Dedicated Registered Mental Health Nurse with extensive experience in agency, care home, and clinical lead roles, seeking to leverage expertise in patient assessment, care planning, medication management, crisis intervention, and multidisciplinary teamwork to deliver exceptional, person-centred care in a dynamic healthcare setting. Proven ability to adapt quickly across diverse environments, lead teams, ensure regulatory compliance, and promote resident wellbeing through empathetic support and evidence-based practice. Committed to advancing nursing standards, safeguarding vulnerable individuals, and contributing to innovative care models that enhance recovery and quality of life.

Academic Details

Sheffield Hallam University

Msc Mental Health Nursing, 100%, 2023

University of Buea

BSC Accounting, 100%, 2011

Work Experience

PORTLAND Care-Woodhill Grange care home

Nurse in Charge Bank, Apr 2024 - till date

Role : Conduct comprehensive mental health and risk assessments.

Develop, implement and regularly review individualised care plans.

Administer and monitor psychiatric medications and treatments.

Build and maintain therapeutic relationships with service users and families.

Deliver one-to-one and group therapeutic interventions and psychoeducation.

Perform continuous risk management and respond effectively in crises.

Maintain accurate, timely and confidential clinical documentation. Collaborate within multidisciplinary teams to coordinate holistic care.

Recognise, report and escalate safeguarding concerns for vulnerable people.

Educate and support families and carers about conditions, treatments and services.

Supervise or support junior staff and students to promote safe, person-centred care.

Flourish in the Community Agency

NURSE IN CHARGE, Oct 2025 - till date

Role : Deliver safe, personcentred nursing care in a variety of temporary settings.

Carry out basic and ongoing patient assessments, including observations and vital signs.
Administer medications and treatments in line with local policies and professional standards.

Adapt quickly to new wards, care homes or community services and learn local routines.

Communicate effectively with permanent staff and the wider multidisciplinary team.

Keep clear, accurate and timely nursing notes and other clinical documentation.
Support patients' emotional and psychological needs with empathy and reassurance.

Follow infectionprevention, health and safety and safeguarding procedures at all times.
Prioritise and manage workload independently during busy or shortstaffed shifts.

Represent the agency professionally, maintaining reliability, flexibility and high standards of care.

Roseberry Care

Nurse in Charge, Jul 2024 - Oct 2025

Role : Assess residents and create personalised care plans for their physical, mental and social needs.

Administer medications, wound care and monitor chronic health conditions safely.

Observe health changes, vital signs and behaviours, escalating issues quickly.

Support daily activities like personal hygiene, mobility and meals with dignity.

Offer emotional comfort to residents and families, enhancing quality of life.

Documents care accurately, including notes, plans and incident reports.

Supervise care teams, delegate tasks and provide staff training.

Coordinate with doctors, therapists and families for integrated care.

Nothing But Care

Care Lead, Feb 2019 - Oct 2022

Role : Lead and supervise care teams to ensure high-quality, person-centred resident care.

Conduct audits and monitor standards to drive continuous improvement and compliance.

Oversee safe medication management, training and regular audits.

Develop and update individualised care plans meeting resident needs.

Provide clinical leadership on shifts, managing emergencies and deputising as needed.

Train, appraise and develop staff, addressing performance gaps.

Coordinate with GPs, specialists and families for holistic care.

Maintain safeguarding, infection control and accurate record-keeping systems

Field of Interest

Reading

IT

Cyber

Strength

Reading

Hobbies

Running

Declaration

I hereby declare that the above mentioned details are true to the best of my knowledge.

Date : 10/12/2025

Place : Sheffield



(Emmanuel Mbinkar)