

CV DUMEBI FRANCES U.C

Dumebi Frances U. Chijioke

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Professional Profile

Compassionate and dedicated Support Worker with over three years of experience providing high-quality care in residential homes and supported living settings. Demonstrated ability to support individuals with complex needs, including learning disabilities, autism, epilepsy, and emotional or behavioural challenges. Adept at personal care, care plan development, crisis intervention, and promoting independence. Known for a warm, respectful approach, excellent communication skills, and the ability to foster a homely and inclusive environment in line with the values of the company

Core Skills

- Care Planning & Person-Centered Support
- Medication Administration & Health Monitoring
- Crisis Management & Risk Reduction
- Residential and Supported Living Services
- Life Skills Coaching & Independence Training
- Multi-Agency Collaboration
- Emotional Support & Recreational Engagement
- Digital Documentation & Record Keeping
- Infection Control & Health Safety Compliance

Certifications & Professional Training

- Safeguarding Adults – Level 1 & 2
- Safeguarding Children – Level 1 & 2
- Combined Safeguarding Level 3
- Mental Capacity Act
- Deprivation of Liberty Safeguards (DoLS)
- Autism Support Training Suite (Stress & Anxiety, Sensory Experience, Com)
- Mental Health & Learning Disability Support
- First Aid Emergency at Work (EFAW)
- Basic Life Support (BLS with Defibrillator &)
- Medication Administration
- Infection Prevention & Control
- Moving and Handling Care
- Positive Behaviour Support (PROACT-SCIPr-UK® – 2-Day AC Certified)

Additional Training & Awareness

- RESTORE2 Mini (Deterioration & Escalation Tool)
- Fire Safety & Fire Extinguisher Use
- Manual Handling Awareness
- COSHH (Control of Substances Hazardous to Health)
- Food Safety for Food Handlers
- Pathway to Care Program (Personal Care)
- Equality, Diversity & Inclusion
- Handling Violence & Aggression
- Data Protection & Confidentiality
- Maintaining Professional Boundaries
- Lone Working & Risk Assessments
- Fraud, Bribery, and Corruption Awareness
- FTSU: Speak Up Core Training
- Cyber Security Awareness

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Employment History

• **Support Worker | Priory Group – Newstead House, UK**

Nov 2024 — Present

- Provide tailored, person-centered care using co-produced care plans with input from residents, families, and professionals.
- Lead on the delivery of high-quality, person-centred care for individuals with complex support needs, including autism, epilepsy, and communication challenges.
- Assist residents with personal care, cooking, cleaning, and supporting them in maintaining meaningful family and community relationships.
- Promote independence by supporting residents with personalized activity plans and daily living skills development.
- Implement Positive Behaviour Support (PBS) strategies in collaboration with the in-house PBS practitioner.
- Engage with occupational therapy, speech and language therapy, and psychology teams to support individual pathways.
- Use tools such as Outcomes Star™ and Spectrum Star to monitor and guide resident progress.
- Support residents in accessing work or education opportunities in the local community.
- Deliver transitional, medium, or long-term residential care tailored to each individual's needs.
- Ensure safeguarding, medication administration, and health and safety procedures are followed.
- Mentor new staff and promote a respectful and inclusive living environment.

• **Support Worker | Fresh Start Project CIC, UK**

Jan 2024 — Nov 2024

- Delivered structured support to clients with complex needs or those in crisis, helping them transition from supported accommodation to independent living.
- Developed and reviewed personalised care plans based on individual goals and daily needs.
- Supported clients in budgeting, hygiene routines, and daily living skills such as cooking on a budget.
- Promoted reintegration into the community through life skills coaching and activities including gardening, arts, and crafts.
- Attended appointments with clients (GP, dental, substance misuse services) to ensure access to appropriate care and advocacy.
- Maintained a multi-agency approach to care, liaising with external support services to address physical, mental, and emotional well-being.
- Facilitated engagement with employment opportunities and created personal housing plans to guide clients' future steps.
- Upheld safeguarding and risk reduction practices while recording accurate, timely documentation.

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Health Care Assistant at St Vincent Care Home.

JAN 2019 — Dec 2023

- Assisting service users with daily activities, such as bathing, dressing, and grooming.
- Assisting with mobility and transfers, including using assistive devices like wheelchairs or walkers.
- Providing basic medical care under the supervision of healthcare professionals, such as administering medication and changing dressings.
- Maintaining a clean and safe environment for patients by ensuring cleanliness of rooms, beds, and equipment.
- Assisting in the documentation of patient information, including updating medical records and charts.
- Recognizing and reporting any changes in patients' conditions to the healthcare team.
- Adhering to infection control protocols and maintaining aseptic techniques.
- Responding to patient calls and inquiries, providing emotional support, and addressing their concerns.

Support Worker at Elioza Care Home, Rivers State.

Jan 2014 — Nov 2019

- Provided personal care and emotional support to service users in a compassionate and respectful manner, building positive relationships and improving their quality of life.
- Assisted service users with improving their daily living skills, such as cooking, cleaning, and budgeting, which increased their independence and confidence.
- Administered medications according to prescription, monitored patients' health, and reported any concerns or changes to healthcare professionals.
- Maintained accurate and up-to-date records of care provided, ensuring compliance with legal and regulatory requirements.
- Demonstrated a commitment to promoting dignity, privacy, and choice for individuals receiving care, respecting their cultural and religious beliefs.
- Organizing and assisting with recreational activities.
- Responded appropriately to emergencies and crises, ensuring the safety and well-being of service users receiving care.
- Maintain confidential client files preparing reports and information as required.

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Education

Delta State University Abraka, Nigeria

BA Religious Studies

Oct 2010 — Apr 2014

Graduated

Jordan Nationale College, Delta State, Nigeria

2011 -2007

West African Senior School Certificate Examination - WASSCE

Additional Training & Awareness

- Managing Infection in the Workplace
- Fire Safety & Fire Extinguisher Use
- Handling Violence & Aggression
- Sharps in Care Awareness
- Medication in Education Awareness

Professional Values

- Empathy & Respect: Delivering care with dignity and understanding.
- Reliability: Trusted to carry out duties safely and effectively.
- Collaboration: Working well with team members and external professionals.
- Adaptability: Thriving under change and maintaining calm during crises.
- Client-Focused: Helping clients achieve their potential in a supportive setting.

References

Available upon request.