

Mirian Chika Oboh-Shedrach

51, Havenwood Rise, NG11 9HD, Nott
2, Stanley Avenue, NG7 6PE, Nottingham, UK

+447831562763

mirianshedrach@gmail.com

Work Experience

Carer

Bramcote Hill Care Home (Mycare)- Nottingham, UK

June 2024 to Present

- Providing person-centered care and support
- Providing and improving individual personal skills
- Infection control
- Manual handling
- Monitoring patient and performing basic health checks
- Aiding Individuals in developing and improving coping strategy

Care and Support Worker

Private Care (Domiciliary) – Nottingham, UK

December 2023 to May 2024

- Providing person-centered care and support
- Providing and improving individual personal skills
- Manual handling
- Monitoring patient and performing basic health checks
- Aiding Individuals in developing and improving coping strategy

Catering, Baking and Hair Stylist/dresser, Hospitality

Self - employed - Benin City, Nigeria

November 2022 to November 2023

- Catering
- Baking
- Hair styling/dressing
- Hair Braiding
- Hair Plating
- Hospitality manager

Office Assistant

Edo State Board of Internal Revenue Service - Benin City, Nigeria
January 2020 to November 2022

- Documentation of files.
- Organizing and maintaining files, documents and records both physically and electronically.
- Monitoring, managing and requesting for office supplies and equipment.
- Providing assistance to clients and customers in a professional and courteous manner.
- Compliance to office policies, procedures, and regulations.
- Handling incoming and outgoing communications.
- Providing administrative support, ensuring efficient office operations.
- Customer/Client focus.

Education

St Thomas Aquinas Catholic School - Benin City, Nigeria
September 2006 to August 2022

GCSE(WASSCE)

Skills

- Patient safety and hygiene
- Infection control

- Manual handling
- Personal Care
- Childcare
- Hair styling
- Catering
- Communication and interpersonal skills
- Documentation and reporting
- Team management
- Sterilization technique
- Resilience
- Attention to details
- Companionship and Emotional support
- Customer relationship management
- Customer service

Languages

- English - Expert