

# MD Yakub Ali

## Professional Care Worker

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### SUMMARY

Dedicated and compassionate Care Worker with nearly 2 years' experience supporting adults in residential care settings. Highly organised and self-motivated, with the ability to work confidently both independently and within a team. Committed to delivering person-centred care that upholds dignity, encourages independence, and enhances overall wellbeing. Bilingual, fluent in Bengali and proficient in English, enabling effective communication with diverse service users and colleagues.

### WORK EXPERIENCE

- **Unique Nursing Home Care Service, Sylhet, Bangladesh** **Nov 2021 – Aug 2023**

#### **My key responsibilities include, but are not limited to:**

- Assisted residents with personal care needs including bathing, grooming, dressing, and changing incontinence pads/diapers.
- Supported with feeding, hydration, and mobility, including safe use of hoists and wheelchairs.
- Monitored residents' physical and emotional wellbeing, promptly reporting changes to senior staff.
- Administered or assisted with medication in line with care plans and training.
- Maintained accurate daily care records and updated individual care plans.
- Provided companionship, emotional support, and engaged residents in social and recreational activities.
- Ensured a safe, clean, and dignified living environment in line with health, safety, and infection control standards.

### CERTIFICATION

**Diploma in Caregiving | The Alison** **2025**

### EDUCATION

- Alim Examination | **Satpur kamil madrasah, Sylhet , Bangladesh** **2021**
- Dakhil Examination | **Satpur kamil madrasah, Sylhet , Bangladesh** **2019**

### KEY SKILLS & EXPERTISE

Person-centred care planning and delivery | Medication administration assistance | Infection prevention and control | Moving and handling support | Active listening | Safe record keeping | Ability to work under pressure | Friendly, empathetic, and reliable approach | Multitasking, organisation & time management | Safeguarding vulnerable adults and children | Teamwork and collaborative working | Respecting privacy, dignity and confidentiality