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# Uchechukwu Maryjane Tiamiyu

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## ● CONTACT

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## PROFESSIONAL SUMMARY

I am a care support worker with a sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyles for residents. Offers enhanced care with a flexible learning approach for patients—experience in-home settings providing guidance and encouragement to patients through physical and emotional support.

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## WORK EXPERIENCE

### **National Autistics Society**

#### **Support worker.**

Sep 2023 To Date

#### **Job Functions**

- Providing the highest standard of holistic care and attention to the residents
- Assistant key worker
- Assisting with washing, and personal hygiene in line with the individual care plan
- Administering Medicines according to MAR cart.
- Daily personal morning and evening routine of the residents
- Cooking and  
Cleaning with the support of the resident's  
Assisting in maintaining a safe level of care and ensuring safe practice
- Provided essential physical and mental stimulation by taken good care of the residents.

### **Alphine Care Services Limited United Kingdom**

#### **Support Worker**

Feb 2023 - To Sep 2023

#### **Job Functions**

- Assisted with washing, dressing and personal hygiene per the individual care plan.
- Assisting with meal preparation, feeding, and hydration.
- Assisted in maintaining a safe level of care and ensuring safe practice.
- Provided essential physical and mental stimulation by participating in recreational and social activities with the client individually as necessary.
- Participate fully in the overall care of the service users.
- Keeping accurate and up-to-date records of care and support provided.
- Ensuring a safe and healthy environment for clients, including reporting health and safety risks concerns.

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- Adhering to relevant care policies and procedures and legal and regulatory

## 1<sup>st</sup> Grade Care Limited

### Care Assistant

Sep 2023 To Jan 2023

#### Job Functions

- Managed and updating client records, ensuring accuracy for dependable health and well-being monitoring. Collaborated with external support providers, aiding continuity between caregivers.
- Safely lifted, transferred, and repositioned service users using hoists and wheelchair.
- Cooked, cleaned and provided companionship to elderly patients.
- Assisted clients with daily household tasks, including cleaning, laundry and food preparation.
- Assisted in all aspects of personal care, retaining comfort and dignity.
- Administering Medicines with a MAR.

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#### OTHER WORK EXPERIENCE

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### Saro Lifecare, Victoria Island, Lagos, Nigeria

#### Care Assistant

June 2010 – August 2023

#### Job Functions

- Organize office and assist associates in ways that optimize operations
- Attend to all in-house calls
- Register Call Log
- Cook and clean, and provide companions.
- Assist in all aspects of personal care.
- Assisted with programming a safe motherhood care plan.

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#### SKILLS

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|--------------------------|----------------------------|
| ● Sense of Empathy       | ● Friendly & Observative   |
| ● Communicative          | ● Attention to detail.     |
| ● Compassionate          | ● Flexible & Adaptive      |
| ● Patient Attitude       | ● Critical thinking Skills |
| ● Problem-solving skills |                            |

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#### EDUCATION

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NVQ Level 2 Health and Social Care by NextGen learning under Reed Courses (CPD)

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Accredited) 2022

## Other Certification in the UK

- PMVA
- Moving People Safely
- First Aid
- First Safety
- Epilepsy
- Food Hygiene
- Dementia Awareness
- Fall and Fracture Prevention
- Infection Prevention and Control
- Basic Life support
- Equality and Diversity
- Lone Worker Training
- Working In a Person-Centered Way

~~GCSEs: Senior Secondary School Certificate Examination 2002~~

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## HOBBIES & INTEREST

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- Reading
  - Putting simile on people face.
  - Travelling
  - Cooking
  - Volunteering Activities
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## Reference

Alphine Care Services

[Info@alphine.co.uk](mailto:Info@alphine.co.uk)

National Autistic society

[HRHub@nas.org.uk](mailto:HRHub@nas.org.uk)