

JULIET TEKPER**108 LEEMING LANE SOUTH WOODHOUSE NG19 9AY MANSFIELD****juliettekper80@gmail.com /07402669605****PROFESSIONAL SUMMARY**

I am a highly motivated, compassionate and understanding Carer who accomplishes her assigned responsibilities with little or no supervision. I am particularly skilled in taking care of autism, vulnerable adults and the elderly suffering from dementia, including those with different mental and physical disabilities. I have displayed great commitment towards helping and caring for others both on and off duty. Also I have always been a good team player working harmoniously with other team members to achieve the set aims and objectives of the organization. Additionally, I develop quality relationships with patients and their relatives while maintaining a high level of professionalism in the discharge of my duties. I have gained a good knowledge and experience in caregiving and have applied the 6C's of nursing in my various roles. I am in a good physical, emotional and mental state and can take adequate care of patients under my care and ready to relocate and start immediately.

AREA OF EXPERTISE

- Personal Care
- Medication administration
- Companionship
- Domestic duties
- Elderly patient care
- Patient rehabilitation
- Dementia care
- Moving and handling
- Writing and implementing support plan
- Writing significant events of service users
- Updating risk assessment of service users

SKILL

- Empathic and caring
- Good listener
- Effective management skills
- Good personal hygiene
- Attention to details
- Emotionally strong

EXPERIENCE

CARE WORKER

JEN CARE SOLUTIONS LIMITED

- Assist in the cleaning of linen regularly and adhere to strict compliance to infection control policy and procedure.
- I carry out a wide range of duties to care for, support and provide information to service user and their families
- I assist with looking after the physical comfort of service user for example helping them to wash themselves and emptying bedpans.
- Help patients with mobility problems to move around , provide emotional support, physical assistance and encouragement to patients with different health challenges. ● Safely using aids and personal equipment in a manner that respects the dignity of service users for example walking frames, wheel chairs.
- Ensure to take vital signs and record this information on a medical chart. ● I help to serve meals and drinks at meal times and other times when required, taking care to prepare and present meals and refreshments in an appealing way, with polite and courteous service.
- I am always alert to residents' physical and mental wellbeing, immediately reporting any changes in resident condition to a supervisor on duty, and to accurately maintain and update residents records is required.

SENIOR CARE WORKER

JWM HEALTHCARE

- Provide direct care to vulnerable adults, elderly, and individuals with autism or other disabilities.
- Ensure patient comfort and safety, including administering medication and assisting with daily living activities.
- Develop strong relationships with service users and their families to provide personalized care.
- Collaborate with healthcare professionals to develop and implement care plans.
- Maintain a clean and safe environment for service users and staff.
- Document and report service users progress, concerns, and incidents in line with company procedures.

-INTENSIVE SUPPORT WORKER

TRANSITIONS HOUSING SOLUTIONS - CIC

- Assisting clients with mental health conditions in a residential setting by providing emotional and practical support.
- Supported clients in achieving personal goals such as independent living, employment, and social interaction.
- Promoted a safe and supportive environment by following all health and safety procedures.
- Facilitated group activities to encourage socialization, communication, and positive

interaction.

- Helped service users with medication reminders and administered medications according to care Plans.

-Booking, scheduling and attending appointments for service users with their various professional bodies.

- Reaching out to service users professional bodies like their social worker, CPN, CGL etc on behalf of the service user.

-Preparing support plan, significant report and risk assessment of various service users.

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LANGUAGES

English language Ecctis: CEFR level C1

EDUCATION AND TRAINING

- NVQ level 2
- Moving and Handling(Practical)
Jef Jen Care Plus -Dec. 2023
- Diploma in Caregiving Alison- March 2023
- Certificate in caregiving Brince Training UK
CPD online College -Dec.2022
- BSc. Accounting Education(1st Degree) University of Education, 2011-2015

REFERENCE

THE DIRECTOR

JEN CARE SOLUTIONS LIMITED info@jencaresolutions.co.uk 0129557536