

Jasmine Jarvis

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Work Experience

Support Worker

Kingsley Healthcare Ltd-Lowestoft
Present

Supporting adults with learning difficulties in a care home, peg feeding, taking out in the community doing different activities.

Night Care Assistant

Cherry lodge care home-Lowestoft
July 2023 to April 2024

assisted people to get undressed ready for bed make sure all the residents have had supper or if declined supper make sure everyone had a drink to hand in bed if necessary and can't come to lounge before bed time for a drink hot drink make sure everyone has a drink in room when it's bed time. I am trained to give medication and to use different hoists to move people in and out of bed ect. Do 2hourly night check on the Residence at nights.

Assistant people with full body wash in the morning and into day clothes
Making there beds making sure bedroom are tidy all washing is put away

Senior Chef De Partie

The Coaching Inn Group
February 2023 to April 2023

I am working as a Senior Chef De Partie under my Head chef, my main responsibilities are to deliver the right amount of food and preparation to how my head chef wants it done. I have the responsibility of doing all the fridge and freezer temperatures also and making sure that all the produce that comes in is FIFO and at its correct Delivery Monitoring.

I am very confidence to run a shift and run the cook line with out any problems doing 50 covers at lunch and 80 at dinner.

Being back in Fresh Cooking and the different environment has made me want to work with fresh ingredients all day and only fresh produce.

I have also had to do all my refreshers training for HACCAP and Food Hygiene level 2 and COSHH.

Care Assistant

Country Court Care-Huntingdon
February 2022 to March 2023

I assisted people to get undressed ready for bed make sure all the residents have had supper or if declined supper make sure everyone had a drink to hand in bed if necessary and can't come to lounge before bed time for a drink hot drink make sure everyone has a drink in room when it's bed time. I am trained to give medication and to use different hoists to move people in and out of bed ect. Do 2hourly night check on the Residence at nights.

I give full personal care to all the clients within the home and would like to peruse this career further as is what I enjoy doing. I work in a 66 bedroom care home a lot of the residents have dementia bottom floor of the care home is Residential then other 2 floors are mixed.

Chef de Partie

Johnsons of Old Hurst

September 2021 to March 2023

At the moment at the Johnson's I help out when is needed as cost of living and everything going up I stayed on a zero hour contract when left to go to ferrars hall

Care Assistant, bluebrid

January 2018 to January 2019

Responsibilities & Achievements

I help people with there care plans and to assist if needed. I am trained to give medication and to use different hoists to move people in and out of bed ect. I prepare there meals all times of the day and keep things date labelled to prevent and cross contamination.

I also do slot of social visits to assist there well being. I give full personal care to all my clients within the community and would like to peruse this career further as is what I enjoy doing. I had a full enhanced dbs but has ran out

care assistant

Hales Care

March 2016 to January 2018

Responsibilities & Achievements

I help people with there care plans and to assist if needed. I am trained to give medication and to use different hoists to move people in and out of bed ect. I prepare there meals all times of the day and keep things date labelled to prevent and cross contamination.

I also do slot of social visits to assist there well being. I give full personal care to all my clients within the community and would like to peruse this career further as is what I enjoy doing. I did have a full enhanced dbs bit has ran out.

Kitchen Assistant

J D Wetherspoon

March 2013 to December 2015

Responsibilities & Achievements

Skills

- school 2011
- 2011 GCSEs:
- English
- C
- maths
- D
- Baking
- Chef
- Cooking
- Line cook
- Team Player
- kitchen
- training

- Personal Care
- Caregiving

Links

<http://reed.co.uk>