

# IRENE ABOYADE-COLE

## PERSONAL DETAILS

### Name

Irene Aboyade-cole

### Email

ireneaboyadecole@yahoo.com

## SKILLS

- Patient Care and Support
- Vital Signs Monitoring
- Medication Administration
- Infection Control Procedures
- Medical Records Management
- Health and Safety Compliance
- CPR and Basic Life Support (BLS)
- Patient Transfer Techniques
- Emergency Response

## COURSES & CERTIFICATES

First Aid and Basic Life Support

Safeguarding Vulnerable Adults and Children

Moving and handling

Bladder management

Respiratory and Tracheostomy care

Nutrition and Enteral feed

The Oliver McGowan Mandatory training

on Learning disability and Autism

Compassionate and dedicated healthcare assistant with a genuine passion for providing high-quality care and support to patients. Excellent communication and interpersonal skills, adept at building strong rapport with patients and healthcare professionals. Proactive team player who can handle challenging situations with calmness and efficiency, always striving to ensure the well-being and comfort of patients.

## WORK EXPERIENCE

### Domiciliary care assistant

2025 - Present

Holistic Care 4U Ltd, Thirsk

Provide care and support to patients with various medical conditions, including feeding, bathing, and dressing in their own homes. Collaborate with healthcare professionals to ensure seamless patient care. Monitor vital signs and report any changes to the team leader on duty promptly. Administer medications under the supervision and direction of team leaders.

- Earned recommendations from patients, team leaders and registered manager for being reliable and empathetic.
- Displayed exceptional attention to detail and competence in administering medications under the supervision and direction of team leaders, ensuring accurate dosages and timely administration.

### Complex care support worker

2023 - 2025

Advantage healthcare, Nottingham

Supported in providing care for individuals with complex needs, assisting with daily living activities, administering medication as prescribed, monitoring health status, offering emotional support and facilitating communication. Supported patients with mobility, helping with transfers and exercises. Documented patient information accurately and maintained patient records.

- Received positive feedback from nursing supervisors for consistently demonstrating a strong work ethic and maintaining a high standard of patient care.
- Communicated effectively with other healthcare team members. Worked with family members and caregivers to ensure coordinated care.
- Instrumental in organising and participating in therapeutic and recreational activities for individual, contributing to overall well-being and aiding in recovery journey.

## ADDITIONAL EXPERIENCE

### Healthcare Assistant

TSC Healthcare, Sheffield | 2021

- Assisted in taking vital signs and learned to use medical equipment effectively. Observed and participated in various procedures, learning about infection control practices.

## EDUCATION

### Master of Arts Multimedia Journalism

Sep 2021 - 2022

Sheffield Hallam University, Sheffield