



PRUDENCE MICHELLE FLETCHER

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PROFESSIONAL SUMMARY

Compassionate Health Care Assistant with over 2 years of experience providing exceptional patient support. Proficient in personal care, mobility assistance and medication reminders, ensuring patient comfort and safety. Demonstrated success in promoting emotional well-being and daily living activities in both clinical and domestic environments. Committed to fostering a supportive atmosphere for all individuals, enabling them to thrive. Ready to deliver unique skills to enhance the patient care strategy of your team.

SKILLS

- Personal care
- Bathing
- Grooming
- Dressing
- Monitoring patients
- Performing basic health check
- Home care support
- Shopping
- Laundry
- Household management
- Patient wellbeing
- Emotional support
- Communication
- Empathy
- Teamwork

WORK HISTORY

HEALTH CARE ASSISTANT, 10/2025 - current

Recruitment Precision, Sunderland

- Assisted with personal care, ensuring dignity and respect for individuals.
- Facilitated meal preparation and hydration to support nutritional needs.
- Supported mobility and transfer of patients, enhancing comfort and safety.
- Administered medication reminders, promoting adherence to prescribed treatments.
- Maintained a clean and tidy living environment, fostering a hygienic atmosphere.

HEALTHCARE ASSISTANT/ SUPPORT WORKER, 08/2023 - 08/2025

Essikado Hospital, Essikado, Ghana

- Facilitated patient bathing, grooming, and dressing, ensuring comfort and dignity.
- Oversaw household tasks, including grocery shopping, laundry, and general home management.

- Supported patients' daily living activities while promoting a safe and supportive environment.
- Provided companionship and emotional support, significantly enhancing patient wellbeing.

SUBJECT TEACHER & FORM MISTRESS, 08/2018 - 08/2023

Ogyedom Senior High School, Afransi, Ghana

- Mentored and guided students academically and personally, nurturing their potential.
- Implemented patient-focused communication and support strategies to enhance learning.

NATIONAL SERVICE TEACHER, 09/2017 - 08/2018

Daboase Senior High School, Daboase, Ghana

- Designed and delivered engaging English Language lessons to students.
- Adapted teaching methodologies to accommodate diverse learning styles and abilities.
- Provided tailored one-on-one support and academic guidance to enhance student performance.

EDUCATION

Teesside University, Middlesbrough, United Kingdom, 09/2025 - current

MA: Education (Applied)

University of Education, Winneba, Winneba, Ghana, 09/2013 - 07/2017

BA: Fante Education with English

Ahantaman Girls Senior High School, Sekondi, Ghana, 09/2008 - 06/2012

WASSCE