

Macdonald Sackitey

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Professional Profile

Compassionate and dedicated Care and Support Worker with extensive experience in complex care and care settings. Skilled in delivering person-centered support, including medication administration, personal care, meal preparation, mobility assistance, and emotional well-being. Proven ability to work with clients with complex needs, including learning disabilities and challenging behaviours. Committed to maintaining high standards of care, safeguarding, and continuous professional development.

Key Skills

- **Complex and Domiciliary Care:** Experience in providing tailored care to clients with diverse needs.
 - **Medication Administration:** Proficient in administering medications and monitoring health conditions.
 - **Personal Care:** Skilled in assisting with personal hygiene, dressing, and mobility support.
 - **Safeguarding:** Strong knowledge of safeguarding principles and compliance with care regulations.
 - **Behaviour Support:** Expertise in managing challenging behaviours and implementing crisis intervention strategies.
 - **Communication:** Excellent interpersonal skills with the ability to build rapport with clients, families, and multidisciplinary teams.
 - **Time Management:** Highly organised with the ability to prioritise tasks effectively.
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Professional Experience

Support Worker

Partners4Care, Stockton-on-Tees, UK

Nov 2023 – Present

- Deliver dedicated complex care to clients with learning disabilities.
- Assist clients with personal care, mobility support, and daily living activities, promoting dignity and independence.
- Administer medications and monitor health conditions, reporting any changes to healthcare professionals.
- Implement behaviour support strategies for clients with challenging behaviours, ensuring a safe environment.
- Accompany clients to social activities to promote inclusion and community engagement.
- Maintain accurate and up-to-date records in compliance with safeguarding standards and care regulations.

Volunteer Care Assistant

Adom Care, Kumasi, Ghana

Feb 2018 – Aug 2020

- Supported residents with personal hygiene, dressing, and mobility, ensuring their comfort and dignity.
- Provided emotional support and companionship to enhance residents' well-being and mental health.
- Supported with recreational activities to encourage social inclusion and engagement.
- Worked with a team to deliver high-quality support.

Teacher

Ghana Education Service

Sept 2006 – Aug 2023

- Designed and delivered lesson plans tailored to students' individual learning needs.
- Provided guidance and support to students, fostering personal and academic growth.
- Assessed student progress and implemented targeted interventions.

Professional Training & Certifications

Level 2 Health and Social Care

- Mental Health & Learning Disabilities Awareness
- First Aid
- Basic Life Support
- Manual Handling
- Safeguarding Adults & Children
- Health & Safety in Care
- Medication Administration
- Infection Prevention & Control

Education

MSc Project Management

Teesside University, UK (Sept 2023 – Till Date)

Bachelor of Education

University of Education, Winneba, Ghana (2010 – 2016)

Diploma in Education

University of Education, Winneba, Ghana (2008 – 2011)

Certificate in Education, Bechem College of Education, Ghana (2003 – 2006)

References:

Upon Request