

# ADEWUNMI ASIRU-BALOGUN

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## PROFESSIONAL SUMMARY

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A compassionate and dedicated support worker with two years of experience providing essential care and assistance to individuals in need. Skilled in building trust and rapport with clients, I am committed to promoting their well-being and independence. With a strong understanding of person-centered care and a passion for helping others, I am seeking a challenging support worker role to make a positive impact in the lives of those I serve.

## SKILLS

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Patient Care and Assistance::	Patient care & monitoring, Personal hygiene assistance
Medication Administration:	First Aid & CPR certified
Organizational & Time Management Skills:	Scheduling, Efficient Documentation, Time Awareness, Adaptability
Communication and Interpersonal Skills:	Excellent communication skills, Compassionate & Empathetic nature
Dementia Care:	

## EXPERIENCE

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### App Medical Limited

Care Assistant

London, United Kingdom

August 2023 - March 2025

- Supported children with special needs in their daily routines and activities.
- Engaged children in educational and recreational activities to stimulate their development.
- Implemented behavior management techniques and maintained a calm and supportive environment.
- Collaborated with therapists and other professionals to implement individualized care plans.
- Communicated regularly with parents to provide updates on their child's progress and needs.
- Accomplishments: Developed a new activity schedule that improved engagement and satisfaction among children.
- Accomplishments: Successfully improved the communication protocol with parents, leading to higher parental satisfaction.

### Barchester Health Care Hawthorns Care Center Peterlee.

Care Assistant

Peterlee, United Kingdom

December 2023 - November 2024

- Providing Personal Care: Assisting with person hygiene, bathing, dressing and toileting.
- Healthcare: Assisting with medication administration, monitoring health conditions and possibly helping with medical equipment.
- Mobility support: Aiding with walking, transfers and using mobility aids.
- Companionship: Offering emotional support, engaging in conversation and promoting mental well being.
- Accomplishments: Successfully implemented a fall prevention program, reducing incidents by 30%.
- Accomplishments: Received commendations for outstanding patient care and empathy from both patients and their families.

### Heirs Homecare Solutions

Care Assistant

Lagos, Nigeria

January 2021 - June 2023

- Administered medications accurately and in accordance with prescribed schedules.
- Assisted with daily activities such as bathing, dressing, grooming, and feeding.
- Planned and prepared nutritious meals while considering dietary restrictions and preferences.
- Monitored vital signs and reported any changes in health status to healthcare professionals.
- Accomplishments: Recognized for reducing medication errors by implementing a double-check system.
- Accomplishments: Developed meal plans that improved clients' nutritional intake and overall health.

## EDUCATION

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### University of Lagos

Bsc Sociology

Lagos state, Nigeria

2007 - 2014

## CERTIFICATIONS

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**London College of Professional Studies**

OTHM Level 4 Diploma in Health &amp; Social Care Management

September 2024

**Alison**

Becoming a Domiciliary Care Support Worker

July 2023

**Alison**

Diploma in Nursing &amp; Patient Care

November 2023

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Caregiving Certificate Standard (1-15)

June 2022

**Alison**

Diploma in Caregiving

June 2022

**Healthcare Certificates & Others**

- Fire Safety in Care • Equity, Diversity & Human Rights • First Aid & CPR certified • Patient Moving and Manual Handling • Fall Prevention and Safe Bedrails, • Mental Capacity Act • Communication in Care • Infection Prevention and Control eLearning • Moving and handling • Safeguarding • Safe Use of Ligature Cutters • Data Privacy and IT Awareness • Information Security eLearning • Supporting Distressed Reactions eLearning (Dementia Tier 2) • Person Centered Care and the 7 Domains of Wellbeing • (Dementia Tier 2) • The Safe Use of Bed Rails and Bed Bumpers • Control of Substances Hazardous to Health eLearning • Dysphagia and Choking • Basic Life Support • Food Allergens • Health And Safety In An Adult Social Care Setting eLearning • Energy Matters eLearning • Fall Fighters eLearning • MiSkin Matters eLearning •
- 2.1. Understanding Meaningful Activities (Dementia Tier 2) • Introduction to GDPR eLearning2.4. • Supporting Distressed Reactions eLearning (Dementia • Mental Health Act including the Mental Health Act Code of Practice • 2.3. Positive Mealtimes and Nutrition (Dementia Tier 2)