

Amrutha Madhu

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Personal Statement

A dedicated and reliable healthcare assistant with a strong track record of efficiently performing routine healthcare tasks with exceptional care and attention. Skilled in delivering high-quality patient care, maintaining a polite and professional demeanor in all interactions. Demonstrates a collaborative approach as an effective team player, consistently contributing to a positive working environment.

Proficient in following clear instructions and working seamlessly within the ward team to ensure smooth, efficient operations throughout shifts. Possesses excellent interpersonal and communication skills, enabling strong partnerships with nurses, medical staff, patients, and their families. Seeking an opportunity with a reputable and forward-thinking employer, where I can leverage my skills and experience to make a meaningful contribution to patient care.

Key Skills for a Care Assistant:

Patient Care

- Providing support with daily living activities, including personal care, mobility assistance, and meal preparation.

Communication Skills

- Effectively communicating with patients, families, and colleagues, ensuring clarity and empathy in all interactions.

Teamwork and Collaboration

- Working collaboratively with nurses, doctors, and other healthcare professionals to deliver high-quality patient care.

Empathy and Compassion

- Demonstrating a caring and patient-centered approach, understanding emotional, physical, and psychological needs.

Record Keeping and Documentation

- Accurately documenting patient information, care routines, and health updates in compliance with healthcare regulations.

Medication Management

- Assisting with the administration of prescribed medications, ensuring adherence to medical instructions and safety guidelines.

Health and Safety Awareness

- Maintaining knowledge of healthcare policies, procedures, and hygiene standards to ensure patient safety and well-being.

Additional Skills to Highlight (if applicable):

First Aid and CPR Certification

Basic Life Support (BLS) Skills

Knowledge of Medical Terminology

Specialized Care (e.g., dementia, palliative care)

Nutrition Support

Infection Control Practices

Basic Health Monitoring

Work Experience

Haythorne place Roseberry care [2023_ present]

Delivering care as delegated by the qualified nurse & other staff. Providing care to patients under the direct supervision of Registered Staff. Answering enquiries from relatives and visitors. Working on reception and admitting patients, doing the necessary paperwork. Serving of meals and cleaning up afterwards. Cleaning and tidying up examination rooms. Identifying and assessing patients for suitability for discharge. Recording and safe keeping of a patients' property & valuables. Visiting patients in their own homes. Helping patients with toileting whether mobile or confined to bed. Maintain tidiness and cleanliness of areas and equipment as instructed. Attending staff meetings when appropriate & required to. Measuring a

patients body temperature, pulse rate and respiration. Sending instruments for sterilising, checking equipment is ready for further use. Reporting on a patients' condition and recording it on charts as appropriate.

Education

Master of Science (MSc) in International Business Management

Bachelor of Arts (BA) in Economics

Higher Secondary Education in Humanities

Certifications

Certificate in Care Assistant – Level 2