

ANTHONY OMEREJI

Middlesbrough, TS4 2HF | +447780082316 | tony2point@gmail.com

Summary

I am a dedicated and compassionate Healthcare Assistant with 6 years of experience delivering exceptional patient care. I excel in personal care support, monitoring vital signs, administering medication, and ensuring a clean and safe environment. Additionally, I am also an attentive Health Care Assistant with a high level of experience caring for aged and challenged patients in a care home setting. Proven track record of accurate behavioural chart reporting and creating comprehensive patient Care Plans. Offering consistent supervision and support to allow for positive improvement. Compassionate Care Assistant with deep understanding of patient needs, providing exceptional support in daily living activities. Strong communicator, building trusting relationships with patients and families. Adept at maintaining clean and safe environment, ensuring compliance with care plans. Brings warmth, patience, and reliability to every interaction, enhancing patient well-being and comfort.

Experience

- | | |
|--|----------------------|
| Care assistance
YEWTREE CARE CENTER - Redcar | Feb 2024 to Current |
| <ul style="list-style-type: none">• Ensured strict confidentiality and sensitivity to patient needs, building trust with patients.• Monitored and evaluated patient behavioural progress on an hourly basis to guarantee suitable care levels.• Delivered companionship through engaging activities and effective communication, aiding daily living.• Assisted residents with personal hygiene tasks in accordance with individualised care plans.• Updated and crafted care plans, and resident documentation, following organisational policies.• Collaborated with team members to maintain a positive, clean, dignified, and safe environment for residents.• Built strong, trusting relationships with patients by providing continuous support and delivering best possible care.• Assisted patients in the basic hygiene requirements, including bathing, washing and dressing.• Assisted with daily living activities, promoting independence amongst elderly clients.• Provided emotional support and companionship, building trusting relationships.• Engaged in respectful communication, respecting the dignity of those in care.• Documented care provided, ensuring accurate and up-to-date records were kept. | |
| Care Assistant
HealthyMinds Academy - Lagos, Nigeria | Oct 2021 to Sep 2023 |
| <ul style="list-style-type: none">• Cultivated robust client relationships by proactively addressing care requirements and improving overall well-being.• Elevated patient mobility and independence by facilitating engagement in physical exercises and physiotherapy.• Cultivated positive relationships with service users, alleviating feelings of loneliness, and isolation.• Provided guidance on healthy living, including nutritious meal options, and gentle exercise for better well-being. | |
| Support care work
Delight nursing home - Portharcourt | Oct 2020 to Aug 2021 |
| <ul style="list-style-type: none">• Provided personal care assistance to patients, encompassing dressing, grooming, bathing, and toileting. | |

- Tracked and documented vital signs including temperature, pulse, blood pressure, and respiration.
- Administered prescribed medications accurately in accordance with established protocols.
- Facilitated patient mobility using appropriate transfer techniques and mobility aids.
- Maintained comprehensive patient records, documenting care activities and any changes in conditions.
- Provided companionship and emotional support to patients confronting health challenges.
- Ensured a safe, organised, and clean patient environment through light housekeeping duties.
- Collaborated with the healthcare team to foster a nurturing, empathetic atmosphere.
- Assisted patients with essential hygiene tasks, including washing, bathing, and grooming, as needed.
- Assisted residents with personal care tasks, including bathing, dressing, and grooming, respecting their dignity and preferences.
- Maintained confidential records of residents' care, adhering to GDPR and safeguarding policies.
- Documented daily observations and care provided, ensuring accuracy and completeness for continuity of care.
- Assisted with household tasks, including laundry and room tidying, to maintain a pleasant living environment.
- Maintained client confidentiality at all times in line with organisational guidelines.
- Provided companionship through emotional and mental support, assisting with day-to-day living.
- Maintained excellent client relationships by offering practical and emotional support throughout care.
- Conducted regular health and safety checks, identifying potential hazards and implementing preventative measures.

Accomplishments

- Provided daily personal care to over 10 residents, ensuring their comfort, hygiene, and dignity were maintained at all times.
- Assisted patients with mobility and physical therapy exercises, improving independence and reducing fall risks.
- Monitored and recorded vital signs, promptly reporting any changes to the nursing team, contributing to early interventions.
- Built strong, trusting relationships with residents and their families, leading to improved emotional well-being and resident satisfaction.
- Worked collaboratively with nurses and other care staff to deliver personalized care plans, enhancing team efficiency and patient outcomes.
- Managed time effectively during high-demand shifts, ensuring all residents received timely meals, medication, and support.
- Maintained accurate care records and documentation, supporting legal compliance and smooth care transitions.
- Responded quickly and calmly in emergency situations, such as falls or health deteriorations, minimizing harm and ensuring appropriate care.
- Helped implement infection control protocols during outbreaks, significantly reducing transmission among residents.
- Mentored new care assistants, improving onboarding experiences and ensuring consistent care standards across the team.
- Participated in regular training sessions on dementia care, manual handling, and safeguarding, staying up-to-date with best practices.

Skills

- | | |
|--------------------------|----------------------------------|
| • Personal care | • Healthcare |
| • Manual handling | • Patient Care |
| • Safeguarding knowledge | • Health, Safety and Environment |

- Dementia awareness
- First Aid
- Confidentiality
- Consult
- Meal preparation
- Client relationships
- First aid
- Personal hygiene
- Caring
- Nursing
- Health and safety
- Physical exercise
- Healthy living

Certifications

- First Aid
- Autism awareness
- Moving and handling
- Fluids and nutrition
- Infection prevention and control
- Learning disability
- Positive behaviour support
- Safeguarding children
- Safeguarding and protection of adults
- Sepsis awareness

Education

M.Sc., International Management (operations) Teesside University - Middlesbrough, United Kingdom Health, Safety and Environment	2025
Bachelor of Science, petroleum engineering Rivers State University - Rivers State, Nigeria	06/2018

Career goals

- * Enhancing Time Management Skills
- * Achieving Work-Life Integration
- * Mastering Negotiation Skills
- * Achieving a Healthy Work Environment
- * Enhancing Problem-Solving Skills
- * Achieving Financial Independence
- * Mastering Conflict Resolution

Languages

English:

Hobbies and interests

- Football
- Reading
- Movies