



# John Anusiem

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Middlesbrough TS38QP

## PROFESSIONAL SUMMARY

Friendly and skilled person with comprehensive background in medicine. Highly skilled at building trust and rapport with patients quickly to understand needs. Comfortable in high-pressure situations, making rapid and effective decisions. Resourceful employee with outstanding knowledge to develop and maintain healthy customer pipeline. Consistently works to attract new business opportunities. Talent in administrative oversight, recruitment processes and customer service improvements. Loyal employee with solid understanding of training and mentoring employees. Dedicated team player, proactive and hands-on in task completion.

## SKILLS

- Elderly care expertise
- Safeguarding knowledge
- Dementia care
- Nursing care
- Care plan management
- Health and Safety Compliance
- Leadership
- Strategic consultancy
- Motivational communication

## WORK HISTORY

### SENIOR CARE ASSISTANT

03/2024 - CURRENT

#### Aster | Middlesbrough , Northeast

- Administered medications in line with care plans and nursing team guidance.
- Worked with compassion and empathy, prioritising wellbeing and dignity for optimal patient comfort.
- Successfully positioned, lifted and moved patients from bed into wheelchairs, applying safe handling techniques.
- Supervised activities of workers and enforced safety regulations.
- Managed daily planning of workplace operations, clearly communicating targets to staff for smooth, efficient task delivery.
- Maintained clean, organised working areas to create positive, productive environments with minimal risk.

### SENIOR CARE ASSISTANT

10/2023 - CURRENT

#### Goodwill healthcare services | Middlesbrough

- Administered medications in line with care plans and nursing team guidance
- Worked professionally with caregiving teams and residents to maintain continuity of care
- Promoted dignity by assisting residents with limited mobility to complete personal care, including washing and dressing.
- Supervised activities of workers and enforced safety regulations.
- Oversaw day-to-day activities of team, ensuring tasks were completed to high standard.
- Motivated team through providing hands-on practical support to all members of staff on duty.

### SENIOR HEALTH CARE ASSISTANT

01/2023 - CURRENT

#### Pacific&gold, care services | Middlesbrough

- Give medications, personal care and see to their well-being
- Operated hoists to move clients in and out of bed
- Assisted in daily personal care routines for improved patient wellbeing
- Optimised user outcomes by ensuring care delivery was in line with care plans and individual wishes.

## SENIOR CARE ASSISTANT

05/2023 - 09/2023

### Bond care | Middlesbrough

- Assisted in all aspects of personal care while encouraging independence and activity appropriate to individual ability
- Documented accurate and updated caseload records and reports to streamline process
- Offered clinical support from wound care to medication administration
- Met needs of clients with learning difficulties and handled challenging behaviours
- Updated first aid training to protect client welfare
- Safely lifted, transferred and repositioned service users using hoists and wheelchairs.

## GENERAL SURGERY RESIDENT PHYSICIAN

05/2021 - 01/2023

### Ministry of Health Saudi Arabia | Jazan, Saudi Arabia

- Improved patient outcomes and delivery of care by elevating clinical quality processes
- Completed ward rounds to evaluate quality of care delivery
- Administered medication in line with treatment plans
- Educated patients on disease prevention and overall wellness initiatives
- Requested diagnostic tests to eliminate and identify specific conditions
- Analysed diagnostic images and test results to properly diagnose conditions.

## SENIOR HEALTH CARE ASSISTANT/WELFARE SPECIALIST

02/2019 - 01/2023

### Aids Healthcare Foundation

- Management of Medical Cases and support provision for elderly people with hypertension, diabetes and disability
- Assisted with patient hygiene, physical comfort, eating and drinking and mobility while observing and reporting specific changes
- Worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents
- Experience in hospital and in-home settings providing guidance and encouragement to patients through physical and emotional support
- Clinical quality program standards, Promoted dignity by assisting residents with limited mobility to complete personal care, including washing.

## HOUSE OFFICER

05/2017 - 02/2021

### Ministry of health, GORONYO GENERAL HOSPITAL | Nigeria

- Submitted reports to manager regarding status of client
- Completed care plan documentation to chart progress and improve resident health outcomes
- Supervised patients on commodes, in toilets and bathrooms and assisted
- Provided care to patients throughout lifespan with consideration of aging processes, human development stages and culture
- Aided patients with walking and limb exercises to improve strength and balance
- Helped individuals with day-to-day activities while consistently encouraging independence.

## EDUCATION

**Bachelors of Surgery & Bachelors of medicine | Medical** University of Jos, Jos, Nigeria

01/2014

**Bachelor of Science | Physiology**  
Ahmadu Bello University, Unknown, Nigeria

## CERTIFICATIONS

- CARE ENTERAL FEEDING
- ORAL SUCTION THERAPY
- OXYGEN THERAPY
- AND SATS MONITORING
- COUGH ASSIST
- Basic life support

## LANGUAGES

**English**

C1

**Arabic**

B2

Advanced

Upper intermediate