



CHRISTINA AYUK

HEALTHCARE ASSISTANT

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Nottingham, United Kingdom

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ABOUT ME

Compassionate and experienced health care social worker with a background of providing exceptional care and support to patient receiving medical care. Committed in helping patient navigate through difficult situation and ensuring that they obtain the necessary care and services. Adept in effective communication with other medical staffs, aimed ultimate productivity and attained maximum care that all patient deserve. Skilled in conflict resolution and management.

LANGUAGES

ENGLISH

FRENCH

WORK EXPERIENCE

BES CARE LIMITED NOTTINGHAM
Nottingham
Aug 2023 - Present

Healthcare Assistant

Provided compassionate personal care for elderly patients, offering support with washing, dressing and toileting. Promoted positive physical and emotional wellbeing through empathetic care and compassionate assistance. Monitored patients' conditions closely and escalated concerns to senior staff. Assisted in all aspects of personal care, retaining comfort and dignity. Prepared healthy meals with additional mealtime planning, feeding and support. Helped individuals with day-to-day activities while consistently encouraging independence and self-belief.

CENTER HOSPITALIER CHIRURGICAL MALOINE SARL
Yaounde Cameroon
Jan 2022 - Jun 2023

Care Nurse

Assessing a patient's condition and starting treatment
Taking of vital signs
Administering medications
Providing constant support throughout recovery time

BESMA BISTRO RESTAURANT
Yaounde Cameroon
Nov 2018 - Jul 2020

Manager

Recruitment, training and supervision of staffs
Promoting and marketing the business
Ordering supplies and overseeing stocks

HAPPY HOME CAMEROON
Yaounde Cameroon
Jun 2017 - Jul 2018

Administrative Assistant

Organise and schedule meetings and appointments
Carrying out administrative duties such as filing, typing, and photocopying
Prepare and monitor invoice

EDUCATION

CENTRE HOSPITALIER CHIRURGICAL MALOINE SARL
Yaounde Cameroon
2023

Diploma in Care Nurse

CATHOLIC UNIVERSITY OF CENTRAL AFRICA
Yaounde Cameroon
2017

Bachelor's Degree In Human Resource Management

BAPTIST HIGH SCHOOL
Buea Cameroon
2010

Advance Level Certificate

PRESBYTERIAN GIRLS SECONDARY SCHOOL
Limbe Cameroon
2008

Ordinary Level Certificate

SKILLS

PERSONAL CARE

COMMUNICATIONS

VITAL SIGNS

MULTI TASKING

SELF MOTIVATED AND WILLING TO TAKE A VARIETY OF TASKS

MOVING AND HANDLING

ABILITY TO WORK UNDER PRESSURE

DATA CONFIDENTIALITY

SAFEGUARDING POLICY COMPLIANCE

COURSES

Aug 2022 - Sep 2023

Dementia (DEM), Health Education England

Aug 2023 - Sep 2023

Care Certificate (CCT), Health Education England

Dec 2023 - Dec 2023

Care Certificate Oral Health

Feb 2024 - Feb 2024

Autism Awareness (AUT)

HOBBIES

READING SINGING TRAVELING COOKING