



SUMMARY

Compassionate Healthcare Assistant, seeking to professionally contribute my skills to ensure the best care provision. Bringing a strong understanding of personal care to provide the best support services to the residents and patients. I believe a non-judgmental and empathetic approach is critical to achieving this.

Certification

- Prevention and Management of Violence and Aggression (PMVA)
- Care Certificate
- Autism Awareness
- Adult Safe Guarding
- Safe moving and handling
- Basic first aid
- Health and safety awareness
- Medication administration level 2

Skills

- Excellent Communication Skill
- Attention to Detail
- Work well with others
- Self-Motivated
- Reliable and Empathetic
- How to analyze patient data.
- Monitoring vital signs and behaviors.
- Chart requirements.

Education

MSc Biomedical Health (in-view)

University of Derby 2023 - 24

BSc Biochemistry and Nutrition

Fountain University 2018

PROFESSIONAL EXPERIENCE

Support Worker Nottingham

Sept 2023 - May 2024

Priory Hospital East Midlands

Duties include:

- Provided physical support which may include helping with household tasks and personal care.
- Provided emotional support for an individual and their families.
- Supported and helped with health care needs, including routine checks or administering medication.
- Supported Resident with the development of personal skills through hobbies and interests.
- Assisted residents with daily life skills, such as shopping, using public transport and paying for bills.
- Worked with other healthcare professionals to ensure that all care needs meet the highest possible standards.

Healthcare Assistant

Sept 2023 - Jan 2024

Boughton Manor care Home, Nottingham

Duties include:

- Assisted residents with personal care and hygiene, including bathing, mouth washing and pad changing
- Support with mealtimes and any eating requirements with the service users.
- Communicating with the residents to understand their wishes and feelings.
- Providing activities for residents to engage in to support their wellbeing and promote independence.
- Monitor and record important information for the residents in line with care plans and risk assessments.

Senior Health Care Assistant

2021 - 2023

Mount of Salvation Medical Clinical (Nigeria)

- Responsible for the health and wellbeing of service users and staff team during shifts.
- Delegate roles and responsibilities to staff members in an organized manor to ensure quality of care is provided.
- Communicating and documenting of incident report forms to home manager in line with policies and procedures.
- Ensuring of safeguarding for both residents and staff members through continuous improvement methods.

Community Care (Volunteer)

2021 - 2022

Home support – Lagos

- Assisted in collecting, sorting, and distributing food items to women and vulnerable members of outreach communities.
- Supported the health professionals with administrative activities
- Community Outreach: Participated in educating beneficiaries about healthy living and best practices in their communities.